

Come play rugby with the Kenmore Rugby Club!

Registration for the Spring '23 season is now open.

Why Rugby?

Rugby offers opportunities to grow both athletically and as a person. The sport combines values such leadership, respect, and determination, with skills like decision making, reaction time, and explosiveness.

Rugby is a sport that will take you as far as you are willing to go, with opportunities to play in college, for senior clubs, professionally, or even in the Olympics.

Kenmore Rugby Club Spring Practice Schedule

March 6, 13, 20, 27	8pm-10pm	@ Buffalo Bills Field House
March 8, 9	5pm - 6:30pm	@ Nardin Academy Sports Park
March 15, 16, 22, 23	6pm-8pm	@ Kenmore West Gymnasium
April: Mon, Wed, Thurs	4:30pm-6:30pm	@ Lindbergh Elementary School

League matches start April 15th and the regular season ends on June 3rd.

Registration

All players must be registered before they can play or practice with the team. Player registration is now open, visit our website to register.

Communication

Kenmore Rugby uses [Heja](#) sports team management to communicate with players and parents about schedules, game info, updates, events and more. You can download the Heja app for your Apple or Android phone from the App Store or Google Play and join with the registration code: **BB-656255**

Kenmore Rugby is also on most popular social media platforms.

Kenmore Rugby Contact Information

Rachel Noone - Girls Head Coach

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Mackenzie Doolittle - Boys Head Coach

mdoolittle@kenmorerugby.org

Kenmore Rugby Website

www.kenmorerugbyclub.org

Kenmore Rugby Player Contact Form

<https://forms.gle/cwZUP3EHVdQfFyer6>

